

# VETERANS DROP-IN

LONDON

Veterans' Mental Health and Wellbeing Service

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## ssafa

•SSAFA have volunteer local case workers offering a range of support. This includes: access to funding, clothing, prison in-reach, peer advocacy.



•WWTW are a partner organisation supporting OpCourage veterans with Social Economic issues, Employment and training.

# **OpCOURAGE**

 Veteran centered psychological support and intervention, peer and professional case management, support accessing local and specialist health services. Op Courage can support veterans accessing the veterans trauma network for physical health concerns; plus access to Op Warm Welcome 'Afghan allies'.



 The DWP Armed Forces Champions offer comprehensive support with a range of veteran specific benefit needs, UC, PIP, DLA, ESA. The DWP offer dedicated Veteran-led Case Managers for complex needs.



 The Forces Employment charity are partnered with the Officers Association to offer trainig and employment support for veterans and families.

# 2024 Dates

Last Thursday of each month-

Time: 5pm-7pm

Jan 25<sup>th</sup>, Feb 29<sup>th</sup>, March 28<sup>th</sup>, April 25<sup>th</sup>, May 30<sup>th</sup>, June 27<sup>th</sup>, July 25<sup>th</sup>, August 29<sup>th</sup>, Sept 26<sup>th</sup>, Oct 31<sup>st</sup>, Nov 28<sup>th</sup>.

#### REFERRAL GHIDE

St Pancras drop-in is a safe space for veterans to speak with each other and a variety of professionals. It supports veterans to access a range of help with health and social issues, via specialist case workers and peers. All ex-service personnel are welcome, no matter service length. This includes serving personnel with a set discharge date.

## Social corner

There will be a space where relaxing skills and games can be learned and played with fellow veterans, such as origami, chess and other board games.



• The Royal British Legion offer a London case support to veterans with legal and administrative support, access to funding for a variety of needs ranging from brown goods to self-employment.



• The Poppy Factory offer employment support to veterans with health conditions and their families.



• Breakfast clubs are part of a growing community of monthly social events bringing together vets from all walks.



• Fighting Chance offers free boxing training for veterans and adapted training for vets with additional needs. "sense of community".



 Provides affordable, high-quality housing and support services.



• Supports the health and wellbeing of LGBT+Veterans, service personnel and their families – in particular those most impacted by the ban on LGBT+ personnel serving in the Armed Forces prior to January 2000.