



Drugs and Alcohol: Substance Misuse Service

Stoll provides a specialist service for Veterans living in a Stoll property and those in the wider London community, to help tackle addiction and substance misuse. Stoll is working in partnership with Addaction, a leading substance misuse and behaviour change charity, to help offer this support.

We will work closely with you to ensure you receive the right help and support.

Our Specialist Practitioner will provide a non-judgemental, confidential and safe place to talk through drug and alcohol use and any challenges that a Veteran may be facing.

Our Specialist Practitioner can meet Veterans one-to-one and in group sessions and is able to refer on to further support where needed.



What does the service provide?

Our Specialist Practitioner can provide:

- Advice and information
- Understanding why alcohol, drugs and certain behaviours are used
- Harm reduction
- Coping strategies to manage addiction
- Referrals to rehabilitation and detox services
- Relapse prevention
- Craving control techniques

Can I use this service?

If you are a Veteran living in a Stoll property or have a Stoll caseworker, you can access Sophie's support. Take the next steps and get in touch:

Sophie Ugle Sophie.ugle@stoll.org.uk

For more information, please contact your Support Worker or the office.

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