**Stollnet Workshops**

Wednesday - 10.00 – 12.00

in the Garden Room

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| **Printed Memories:**  *Helping people affected by Alzheimer’s and other dementias by turning digital photos into postcards to send anywhere in Europe.*   * create a postcard from a photo * send to someone special * and support Alzheimer’s Research |  | 12th September |
| **Lives of the 1st World War**  *An online archive of the people of WW1*   * access to over 487 million records * find your relative’s records * add to a life story * help build the Sir Oswald Stoll Mansion archive | With **Charlotte** and **Catherine** from the  **Imperial War Museum** | 19th September |
| **Get money fit – with Moneyforce**  *Make the most of your money:*   * budget planner * Moneyfit Challenge * credit card calculator …. and more |  | 3rd October |
| [**#try1**thing](https://twitter.com/search?q=%23try1thing)  *Try an app for your Health & Wellbeing*   * Headspace – mindfulness * Couch to 5 – physical wellbeing * Smart recipes – healthy meals * WellMind – help with anxiety   …. and many more | [Image result for health & wellbeing app images](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwjo87i6nd3cAhXjFJoKHStoDS4QjRx6BAgBEAU&url=https%3A%2F%2Fwww.harleymedical.co.uk%2Fblog%2Ftop-five-apps-for-health-and-wellbeing&psig=AOvVaw1een5UmRBNuEf4IrSdGntW&ust=1533809773406698) | 17th October |